

Grafton High School

Achieving Excellence

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Friday 11th September 2009



Preparing Grafton High School Students for Tackling Youth Issues

When you think back to all the things you had to go through while growing up, don't you wish that somebody had had the answers for you, or at least some knowledge to help you deal with the situations you were to come up against? Fortunately for Grafton High School students they have had the benefit of being able to attend a range of workshops focussing on some tough youth issues. Although sometimes confronting, the workshops imparted valuable knowledge on motorcycle safety, legal aid and sexual health.

Our favourite constable, Senior Constable Snow, addressed various issues surrounding motorcycle safety. This workshop, attended by year 11 students, reminded students of the many dangers associated with riding a motorcycle and looked at ways to prevent motorcycle accidents from happening.

The Year 12 Legal Studies classes, Year 12 CAFS classes, and selected Year 9 students attended the Legal Aid talks where speakers provided students with valuable knowledge on what to do if they find themselves or friends in need of legal aid.

In another workshop, Dr Irene Lau spoke to Year 11 students about teen health, addressing topics such as sexually transmitted infections.

It is now up to students to use the knowledge gained to make decisions that will have positive outcomes. Students are to be commended on their behaviour and involvement in the workshops.

PDHPE/Welfare Dept.



Mrs McMillan 'The Wild One'



Learning about the risks on the road.



Dr Irene Lau speaks to Yr 11 Community & Family Studies.



In this Issue

Page 1 Preparing GHS for Tackling Youth Issues

Page

Page 2

Page 3



First on the North Coast
Leading the way since 1912

Think Climate Think Change

Recycle toys and books you no longer want

Instead of throwing them out, donate them to a library or charity instead. Recycling stops re-usable items from ending up in landfill.



Yr 9 2010 Survivor Wilderness Camp

Thank you to the students and parents who have given in their permission notes and paid their deposits for this exciting and challenging camp. There are still positions available – see Mrs Blackburn if you're interested.

Everyone in our Year is encouraged to attend.

**Remember: The second instalment of \$75 was due on 21st August.

The third instalment of \$75 is due on 25th September



Maths Gold Brain Teaser

This week's brain teaser is presented by Sam Allen
How many times can you subtract 6 from 30?

Become a Volunteer and Gain that Competitive Edge

Voluntary work is fast becoming a common form of work experience. It is also a great way to test the water to see if you are interested in a certain career path and is particularly useful in establishing new contacts.

Volunteering is a great way to gain new skills

Many do not realise that thorough training is often given to volunteers in areas such as supervision, communication, presenting skills, use of equipment, health and safety, and in providing information to the community. All these skills are highly transferable to paid employment, and as such, can make you very attractive to employers.

Volunteer work on your resume? Absolutely!

Do not assume that because volunteer work is not paid, that it is not worth adding to your resume. Nothing could be further from the truth. In order to capture the employer's attention, your resume needs to stand out from all the others. One way to do this is to show employers that you are an involved member of society, someone who is committed to making the community a better place to live.

Volunteering can be for everyone

There are literally hundreds of organisations who have volunteers as the backbone of what they do. The most well known are charity, community service and church affiliated organisations. Though there are many more organisations such as animal welfare, environmental/outdoors, sporting and youth activities to name a few.

For further information please contact
Volunteering Clarence Valley (02 6642 6979)
located within the New School of Arts
Neighbourhood House, Cnr of Spring and Skinner
Streets, South Grafton

Quote of the Week

A house is made of 10,000 bricks but they are laid one at a time – an education is a bit like this

Grafton City Soccer

Grafton City Soccer Club Presentation Day Sunday September 27th 11.00am at the racecourse under main grandstand. \$15.00 per family, \$4.00 single. Presentation to all players.

Coming Events

21 Sept Yr 11 Exams
28 Sept Yr 10 & Yr 11 Exams
2 Oct Yr 12 Farewell Assembly



AFL Development Squad

AFL development squad training at Ellem Oval, 5.00– 6.00pm, Thursdays for 6 weeks. Contact Hugh O’Toole for details on 0412943771.

2009 Junior Jacaranda Fundraiser

A fundraiser will be held for the Junior Jacaranda. A Disco bowling night on Friday 25th September, 6.30pm to 9..30pm at Grafton Ten Pin Bowl. The cost will be \$12.00 which includes 1 game, sausage sandwich and soft drink. There will be no pass outs.

Lucky door and spot prizes throughout the night. Please come along, have a great time and support the girls in their



Drum Tuition

Creative Drum tuition with experienced drummer and teacher. Twelve years teaching experience, 26 years drumming experience. Phone Michael on 0415161651.

Brain Teaser Answer

Answer: Once, then it is no longer 30. (don’t try this in a test)