

# Grafton High School

## Achieving Excellence

PO Box 458 Grafton 2460

Ph: 6642 3355

Email: grafton-h.school@det.nsw.edu.au

Friday 29nd May 2009



### Geography News

Geography students from Grafton High School demonstrated key geographical skills and knowledge in the 2009 National Geographic Channel Australian Geography Competition. Student participation, individual results and the schools' overall performance were very encouraging. Three of the students gained high distinctions; Mark Riddell (Year 8), Tim Riddell (Year 10), and Nathan Sneesby (Year 10), with five distinctions and several credits awarded. The competition attracts 90,000 students from all over Australia. Congratulations to those students from Grafton High School who participated.

Mr Butcher

### Year 9 Parents and Students Information

GHS will be running a program called "Love Bites" which is a series of information days on domestic violence and sexual assault. This program will be running as part of our welfare program for 2009. It is expected that ALL YEAR 9 STUDENTS will participate in this early intervention and prevention program for young people about respectful relationships. The whole of Year 9 will be divided into four groups and each group will participate in the program on one of the consecutive Fridays starting from the 7th to the 28th August (Term 3). The program is conducted by a range of qualified professionals and its focus is on educating our youth about domestic violence and sexual assault. It consists of educational sessions and creative sessions with a nice balance of factual knowledge and fun activities all aimed at providing a comprehensive understanding of the relevant issues. If you would like to know more about the programme or even be willing to attend the 3 hour introduction training on the 24th June please contact the school and make an appointment. You can ask for either myself or Mr Howe (Year 9 Adviser).

Chrissy Lasker (School Counsellor)



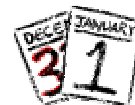
### HSC English Study Day

We'll be taking a bus to Lismore High School on Sat 13th June to attend the HSC Enrichment Study Day. The cost is \$40 and includes ticket to sessions and bus travel. A BBQ lunch will be in operation for \$5 per student. Please see Mrs Patterson for further information.



### Coming Events

- |         |                          |
|---------|--------------------------|
| 29 May  | Zone X-Country           |
| 3 June  | Merit Award Assembly     |
| 8 June  | Queen's Birthday Holiday |
| 10 June | ICAS Science Competition |
| 12 June | NC Cross Country         |
| 17 June | Athletics Carnival       |



### In this Issue

- Page 1 Coming Events  
Page 1 Year 9 Parents and Students Information  
Page 2 2 Relay for Life  
Page 3 Canteen News



First on the North Coast  
Leading the way since 1912

## Speak Easy Presentation

Grafton High School's English faculty has invited famous international speaker, Marcelle Bernard, who will be presenting a lively and interactive presentation inspiring self-esteem, confidence and leadership in our students.

This will be happening on Wednesday 3rd June at 9:15am. The cost for students is only \$4. Your child has been given a permission note to attend.

We seek your support in this worthwhile experience and ask that you sign the note and send the money into your child's English teacher by Monday 1st June.

Mrs Patterson

## Senior Debating

The Grafton High School Senior Debating Team has progressed impressively through the first three rounds of the Premier's Debating Challenge.

Round 1 - Defeated Woolgoolga, debating the negative that "Parents should be responsible for their children's actions"

Round 2 - Forfeit from Coffs Senior College

Round 3 - Defeated Maclean High School, debating the affirmative that "Humanity is no longer humane"

The team consists of Jack Beeby, Alexandra Neill, Rebecca Marsh & Alice Lane.

Mr Robertson

## Year 9 & 10 Debating

On Friday afternoon Grafton High School, represented by Tim Riddell, Tegan Morgan, Eliza Pearson and Team Adviser, Honae Cuffe, competed against South Grafton High School in the first round of the Premier's Debating Challenge for Years 9 and 10. They debated that "Examinations should be replaced by assessments," arguing the negative case. Grafton High School won the debate over some determined opposition from South Grafton High.

Thankyou to Mrs Skinner for her assistance with setting up the debate in the library and to Mrs Huxley, who kindly offered her services as adjudicator.

Mrs Ashenden

## Quote of the week

Happiness is not based on possessions, power or prestige but on relationships with people you love and/or respect.

## Relay for Life

The Relay For Life held in Yamba on the weekend was totally dominated by students, parents and staff from Grafton High School. The GHS team numbered over 60 and when they walked the relay as a group it was a very impressive sight. The fact that the students had to arrange their own transport to Yamba shows the commitment from these students.



GHS raised over \$2,000 for cancer research. The theme for the Relay is "Hope". The comments made to me by many people over the weekend reflected this theme. They said, "With so many fantastic young people like this in the world, there really is hope."

As well as raising money, GHS students do know how to enjoy themselves. The Laughing Yoga, the Slip,slop,slap um bird? The massages and the music were all highlights.

Special thanks to Mrs McCallum and the SRC for organising a wonderful and inspirational relay. Grafton High does it again!



## Maths Gold Brain Teaser - presented by T'nikka Newby

A woman shoots her husband. Then she holds him under water for 5 minutes. Finally, she hangs him. 5 minutes later they both go out together and enjoy a wonderful dinner together. How can this be?

## Healthy Lunch

Year 11 PDHPE have been studying the importance of nutrition for health and sport performance. As part of this program Mr Smith's class cooked a delicious, well balanced meal for lunch.



Enjoying a healthy lunch

## Important Notice

Please be advised that our EFTPOS facilities are unavailable for the last two working days in the month to streamline our accounting procedures. Apologies for any inconvenience caused.

## BCU Banking Tips

### The value of your hard-earned money.

Have you ever had a good look at the catalogues that come in the mailbox or newspaper? Next time you get the chance, have a look. How much does a CD cost? What about a mobile phone or the latest fashion outfit? How long would it take you to save that much money? Think about it - you might be surprised!



## Brain Teaser Answer

With a camera she shoots a picture of her husband, goes into her darkroom, puts the paper in the chemicals for 5 mins, hangs the picture up to dry.

## Canteen News

The canteen is holding a special day to celebrate 'Canteen Day' on Friday 19th June to recognize the special helpers who give up their time to come and make our Canteen the success it is.

The theme for the day is "BUSH TUCKER DAY"

We are going to have special foods available

Pumpkin Soup

Chicken Noodle Soup

Damper

Wallaby Stew (made with lamb)

Shepherds Pie

Anzac biscuits

Lamingtons



The students have a chance to win prizes (great prizes not vouchers) for the best poster from each year advertising the event all the posters will be displayed outside the canteen.

The posters need to be handed into the canteen by Friday 12th June for judging

Staff and students are all encouraged to participate

## Jacaranda Preschool

### Gala Night

Saturday 20th June

South Grafton Ex-Servicemen's Club

6:30pm

Tickets \$35

### Entertainment:

- ◇ Dinner
- ◇ Floor Show "Music, Movies & Mayhem" featuring "local celebrities" and the Staff of Jacaranda Preschool
- ◇ Live music by Mick Bateman
- ◇ Charity Auction
- ◇ Monster Raffle

**For tickets and enquires  
call Jacaranda Preschool  
6642 4082**